

MELANCOLIE SCULPTURE

It is called Melancolie, and it is heartbreakingly beautiful.

The artwork created by Albert György (living in Switzerland, but born in Romania) can be found in Geneva in a small park on the promenade (Quai du Mont Blanc) along the shore of Lake Geneva.

Millions (more than 11 million people) have viewed it on the #TotallyBuffalo Facebook page so we wanted to take a few moments and share more about the sculpture and artist.

György was born in Romania in 1949. He lived in isolation and sadness after his first wife died, so he understands grief. He was given what he calls in reports – a second slope of his life where he is able to enjoy freedom.

The sculptor developed a special alloy of copper and tin which he used for his work.

His work is revered by many. This is a quote about his work – “In its complexity and diversity, the visionary art of Albert György testifies to a personal dialectic between suffering



and happiness. Nothing decorative or talkative in this game of creative tension leading to a living alloy, imbued with the purest necessity.”

The incredible, heartbreaking artwork is extremely touching and very emotional. Comments about it show the power of love - for siblings, friends, family, and strangers. Many have written that the sculpture depicts how their loss feels - an emptiness. John Maddox wrote, “We may look as if we carry on with our lives as before. We may even have times of joy and happiness. Everything may seem “normal”. But THIS, “Emptiness” is how we all feel...all the time.”

UPDATE: The artist has made replicas and photos available. Info: <https://totallybuffalo.com/artist-makes-prints-and-replicas-of-heartbreaking-beautiful-sculpture-available/>

Contact information for the artist: <http://www.albert-gyorgy.ch/visite-contact/>

MARK YOUR CALENDAR!
Friday, October 19, 2018

Join us for our Fall Storytelling fundraiser event on Friday October 19 at the American Legion Hall.

Those of you familiar with DoveTales will notice some changes this year. After 5 successful years of DoveTales this year we are working with the Tallahassee Democrat/ USA Today Network. They are hosting their Fall Storyteller Project event as a fundraiser for Lee's Place. We are excited and look forward to seeing you all there. There will be 6 storytellers chosen from around our community, each coached by Democrat staff to tell their own personal story on the topic: ***“In the blink of an eye – stories of tragedy, triumph, and transformation”***

If you are interested in being a storyteller for one of the Tallahassee Democrat events, go here to learn more: <http://www.storytellersproject.com/tallahassee/speak/>

Sponsorships and donations are welcome. Contact beth@leesplace.org or call Beth (850) 841-7733. 100% of donations and sponsor funds go to therapy services at Lee's Place.

Tickets will go on sale in September. Get them here: <http://www.storytellersproject.com/tallahassee/>

Thank you to these sponsors (received to date): Carlisle Floyd / Jeanne Kimball / Mad Dog Construction / The Zachary Group / James Moore & Co/ TCC Foundation/ Sharon Rolfes

2018 Lee's Place Board



Seated L - R:

Jody Elliott, Lucy Westfall, Harriet Williams,
Jeanne Kimball – Immediate Past Chair

Standing L-R:

Danielle Kosberg – Treasurer, Mack Rush, Brenda Rabalais

Not pictured:

Donovan Brown, Carin Butler – Secretary,
Kristin Whitaker – Chair

Welcome New Board Member Donovan Brown



Donovan worked with Lee's Place last year as part of the Tallahassee Top Single event by Tallahassee Magazine. He chose Lee's Place to receive the proceeds from all of the charitable events he hosted and raised close to \$10,000! We are happy to have him as our newest board member and look forward to the expertise he will bring.

"Like us" on Facebook and stay up to date on events and happenings at Lee's Place.

www.facebook.com/LeesPlaceTallahassee



Let Go Of Old Internal Messages That Keep Us Stuck In How We View Ourselves

"I have never been good at math." "I can't dance!" "I'm not smart enough to go to college." "No one will want to go out with me." "I am terrible at making decisions, you decide!" We all have statements we repeat about ourselves – positive and negative usually developed from childhood that have become woven into the fabric of how we see ourselves. As therapists, we pay particular attention to these statements or messages as they can be significant barriers to change.

Helping a client identify the messages that are destructive and challenging can be one of first steps towards the possibility of a broader and more compassionate view of oneself. Noticing how negative messages are repeated at a much higher frequency than neutral or positive messages is also part of deciphering this pattern. The messages one is repeating results in corresponding feelings, and then corresponding behavior.

It is not uncommon to have to look back into childhood, early friendships, and romantic relationships to see how, and maybe why, these messages originated. However, reviewing the past does not have to be long and exhaustive to make the changes in what we say to ourselves.

Changing negative statements to neutral or positive statements can help alleviate the "stuckness" many feel in their particular cycle or pattern of relationships, jobs, family connections, etc. Without the weight of old messages, opportunities for change can continue to be sought and nurtured.

Lee's Place Mission Statement:

To provide quality therapy to adults, children, and families, regardless of their financial circumstances, who are coping with loss, trauma, and life changing experiences, while offering specialized training and education to the community.

THANK YOU ALL!

SO many people and businesses help us to carry out the work we do! We are so very grateful for everything from hands on help in the gardens, to in kind donations of time and supplies, to making donations towards therapy for those who otherwise could not afford the help they need.

**All Board and
Committee members!**

Daffodil Circle

Penny Gilmer

Beth Green

**Mark Tancig and Leon
County Extension Office**

Master Gardeners

Nasturtium Circle



I would like to give the Lee's Place Board of Directors a big shout out for establishing a "Scholarship Fund" which will be used to serve those clients who, because of extenuating circumstances, are unable to pay anything for their therapy at Lee's Place. These are clients such as: a family whose house burned down; the mom with 3 kids who has left a violent relationship and is sleeping on her friend's couch, etc.

I am impressed that the Board recognized this need, developed a way to meet that need, then made sure it was funded.

Thank you Board for considering the best interests of our clients!!

Brenda



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Lee's Place Staff



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*Founder
and President*



Catherine Shoultz
*Part-Time
Bookkeeper*



Karen Lockard,
LCSW
Therapist



Beth Tedio
*Director of
Development*

Make a Tax-Deductible Contribution to Lee's Place Today

**FALL
2018**

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