

Children's Books About Divorce

I Don't Want to Talk About It

Jeanie Franz; 28 pages (ages 4-8)

When a child's parents tell her they have decided to divorce, the last thing she wants to do is talk about it. But with her mother and father's help, she starts to consider what life will be like after the divorce and learns that although some things will change, many other things will remain the same.

My Two Homes, Magic Words Handbook for Kids

Kent Winchester; 28 pages (ages 5-12)

The Magic Words Handbook is a book full of thoughts and sayings for children to help them deal with their parents' divorce or separation. It is designed to help children, who are facing changes in their family, work through their most commonly encountered fears and emotions.

Dinosaurs Divorce, A Guide for Changing Families

Laurene Krasny Brown and Marc Brown; 32 pages (ages 4-10)

Dinosaurs Divorce will help young children understand the concept of divorce and blended families.

What Can I Do? A Book for Children of Divorce

Danielle Lowry; 47 pages (ages 8-12)

What Can I Do? goes beyond "It's not your fault" and offers kids real solutions and resources for dealing with the hard questions and feelings they face when parents divorce.

It's Not Your Fault, Koko Bear

Vicki Lansky; 32 pages (ages 3-7)

It's Not Your Fault, Koko Bear is a read-together book for parents and young children during divorce.

Divorce, Finding a Place

Eileen Kuehn; 64 pages (teens)

Divorce, Finding a Place takes readers through the initial shock of loss, the stages of grieving, and the process of recovery.

HELP! A Girl's Guide to Divorce and Stepfamilies

Nancy Holyoke; 128 pages (ages 8 & up)

HELP! Gives information for girls about every aspect of divorce, from the initial split-up to a parent's remarriage.

The Divorce Workbook

Sally Blakeslee Ives, David Fassler & Michele Lash; 147 pages (ages 4 & up)

This book helps children express, explore, and understand some of the many emotions triggered by the separation and divorce process.